

# LIST OF PREVENTIVE SERVICES AND SCREENING TESTS

You don't have to pay any deductible or co-pay even if you have a high deductible plan. The services are provided to you or your family at NO CHARGE. Check with your health plan for details about coverage.

**Table 1: Summary of Selected Preventive Services for Adults Covered by Non-Grandfathered Private Plans without Cost Sharing**

Cancer	Chronic Conditions	Immunizations	Health Promotion	Pregnancy-Related**	Reproductive Health
<ul style="list-style-type: none"> <li>• Breast cancer                             <ul style="list-style-type: none"> <li>- Mammography (women 40+*)</li> <li>- Genetic (BRCA) screening and counseling (women at high risk)</li> <li>- Preventive medication (women at high risk)</li> </ul> </li> <li>• Cervical cancer                             <ul style="list-style-type: none"> <li>- Pap testing (women 21+ with cervix)</li> <li>- HPV DNA testing<sup>‡</sup> (women 30-65 with normal pap results)</li> </ul> </li> <li>• Colorectal cancer                             <ul style="list-style-type: none"> <li>- Fecal occult blood testing, sigmoidoscopy, and/or colonoscopy. (adults 50- 75)</li> </ul> </li> <li>• Lung cancer screening                             <ul style="list-style-type: none"> <li>- Annual tomography (adults 55- 80 with history)</li> </ul> </li> <li>• Skin cancer                             <ul style="list-style-type: none"> <li>- Counseling (adults 18- 24)</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Abdominal aortic aneurysm screening (men 65- 75 who have ever smoked)</li> <li>• Cardiovascular health                             <ul style="list-style-type: none"> <li>- Hypertension screening</li> <li>- Blood pressure</li> <li>- Lipid disorders screenings (high risk women 20+; at risk men 20- 35; all men 35+)</li> <li>- Aspirin (men 45- 79; women 55- 79)</li> <li>- Behavioral Counseling (overweight or obese adults with CVD risk factors)</li> </ul> </li> <li>• Diabetes (Type 2) screening (adults with elevated blood pressure)</li> <li>• Depression screening (adults when follow up supports available)</li> <li>• Hepatitis B screening (adults at high risk for infection)</li> <li>• Hepatitis C screening (high risk adults; one time screening for adults born between 1945 and 1965)</li> <li>• Obesity Screening and Management (all adults via body mass index (BMI))                             <ul style="list-style-type: none"> <li>- Referral for intervention for adults ≥ BMI of 30 kg/m<sup>2</sup></li> </ul> </li> <li>• Osteoporosis screening (all women 65+; high risk women &lt;60)</li> </ul>	<ul style="list-style-type: none"> <li>• Haemophilus influenzae type b (adults 18+ with risk factors)</li> <li>• Hepatitis A (adults with risk factors)</li> <li>• Hepatitis B (adults with risk factors)</li> <li>• HPV (women 18- 26 and men 18- 21 not previously vaccinated; at risk men 22- 26)</li> <li>• Influenza (yearly)</li> <li>• Meningococcal (adults 18+ with risk factors)</li> <li>• Measles, Mumps and Rubella (adults 18- 49; 50+ with risk factors)</li> <li>• Pneumococcal (adults 19- 64 with risk factors; adults 65+)</li> <li>• Td booster, Tdap</li> <li>• Varicella</li> <li>• Zoster (adults 60+)</li> </ul>	<ul style="list-style-type: none"> <li>• Alcohol misuse screening and counseling (risk assessment all adults)</li> <li>• Fall Prevention Counseling and Preventive Medication (community-dwelling adults 65+)</li> <li>• Intimate partner violence screening, counseling<sup>‡</sup> (women)</li> <li>• Tobacco counseling and cessation interventions</li> <li>• Well-woman visits<sup>‡</sup> (women 18- 64; visits for recommended preventive services, preconception care, and/or prenatal care)</li> </ul>	<ul style="list-style-type: none"> <li>• Alcohol misuse screening and counseling</li> <li>• Breastfeeding supports                             <ul style="list-style-type: none"> <li>- Counseling</li> <li>- Consultations with trained provider<sup>‡</sup></li> <li>- Equipment rental<sup>‡</sup></li> </ul> </li> <li>• Folic acid supplements (women with reproductive capacity)</li> <li>• Gestational diabetes screenings<sup>‡</sup> (after 24 weeks gestation)</li> <li>• Iron deficiency anemia screening</li> <li>• Preeclampsia preventive medicine (pregnant women at high risk)</li> <li>• Low-dose aspirin (at risk women after 12 weeks of gestation)</li> <li>• Screenings for pregnant women                             <ul style="list-style-type: none"> <li>- Hepatitis B</li> <li>- Chlamydia (women ≤24 years; older women at risk)</li> <li>- Gonorrhea</li> <li>- Syphilis</li> <li>- Bacteriurea</li> </ul> </li> <li>• Tobacco counseling and cessation interventions</li> </ul>	<ul style="list-style-type: none"> <li>• Contraception (all women with reproductive capacity)<sup>‡</sup> *</li> <li>- All FDA-approved contraceptive methods as prescribed</li> <li>- Sterilization procedures</li> <li>- Patient education and counseling</li> <li>- Services related to follow-up, management of side effects, and device removal</li> <li>• Screenings                             <ul style="list-style-type: none"> <li>- Chlamydia (sexually active women ≤24 years old, older women at risk)</li> <li>- Gonorrhea ((sexually active women ≤24 years old, older women at risk)</li> <li>- Syphilis (adults at high risk)</li> <li>- HIV (adults 15- 65; at-risk younger adolescents and older adults)</li> </ul> </li> <li>• STI and HIV counseling (adults at high risk; all sexually-active women<sup>‡</sup>)</li> </ul>

**Notes:** Unless noted, applicable age for the recommendations is age 18+. Pregnancy-related applies to pregnant women. Age ranges are meant to encompass the broadest range possible. Each service may only be covered for certain age groups or based on risk factors. \*The ACA defines the recommendations of the USPSTF regarding breast cancer services to "the most current other than those issued in or around November 2009." Thus, coverage for mammography is guided by the 2002 USPSTF guideline. \*\*Services in this column apply to all pregnant or lactating women, unless otherwise specified. \*\*\*Certain religious employers exempt from this requirement. <sup>‡</sup>Recommendation from HRSA Women's Preventive Services; coverage for these services without cost sharing in "non-grandfathered" plans began August 1, 2012. Coverage without cost sharing for all other services went into effect Sep. 23, 2010.

**Sources:** CMS, [Affordable Care Act Implementation FAQ's Set 1.8](#). CMS, [Preventive Health Services for Adults](#). More information about each of the items in this table, including details on periodicity, age, risk factors, and specific tests and procedures are available at the following websites: [USPSTF](#); [ACIP](#); [HRSA Women's Preventive Services](#).

**Table 2: Summary of Selected Preventive Services for Children Covered by Non-Grandfathered Private Plans without Cost Sharing**

Chronic Conditions	Immunizations	Health Promotion	Reproductive Health	Development and Behavioral Health
<ul style="list-style-type: none"> <li>• <b>Cardiovascular health</b> <ul style="list-style-type: none"> <li>- Blood pressure (screening for at risk newborn children – 3 years; children 3 years+)</li> <li>- Lipid disorders screenings (children 2 years+ risk assessment/ screening)</li> </ul> </li> <li>• <b>Depression screening</b> (adolescents 11 years+)</li> <li>• <b>Hepatitis B screening</b> (adolescents at high risk for infection)</li> <li>• <b>Skin cancer counseling</b> (children 10 years+)</li> <li>• <b>Obesity</b> <ul style="list-style-type: none"> <li>- Screening (children 2 years+ via body mass index (BMI))</li> <li>- Counseling and behavioral interventions (obese children 6 years+)</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• <b>DTaP</b> (children 2 months– 6 years)</li> <li>• <b>Haemophilus influenzae type b</b> (children 2 months – 4 years)</li> <li>• <b>Hepatitis A</b> ( children 1 year+; 2 years+ with risk factors)</li> <li>• <b>Hepatitis B</b> (at birth; then newborn+)</li> <li>• <b>HPV</b> (children 11 years+)</li> <li>• <b>Inactivated Poliovirus</b> (children 2 months+)</li> <li>• <b>Influenza (yearly)</b> (children 6+ months+)</li> <li>• <b>Meningococcal</b> (children 11 years+; 2 months+ with risk factors)</li> <li>• <b>Measles, Mumps and Rubella</b> (children 1 year+)</li> <li>• <b>Pneumococcal</b> <ul style="list-style-type: none"> <li>- Pneumococcal conjugate (children 2 months – 4 years; 5 years+ with risk factors)</li> <li>- Pneumococcal polysaccharide (children 2 years+ with risk factors)</li> </ul> </li> <li>• <b>Td booster, Tdap</b> (children 7 years+)</li> <li>• <b>Varicella</b> (children 1 year+)</li> <li>• <b>Rotavirus</b> (children 2– 6 months)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Anemia screening, supplements</b> (children 6 months+ iron supplements for high risk 6 – 12 months)</li> <li>• <b>Dental caries prevention</b> <ul style="list-style-type: none"> <li>- Fluoride varnish (infants and children at age of primary teeth eruption)</li> <li>- Fluoride supplements (children 6+ months without fluoride in water source)</li> </ul> </li> <li>• <b>Gonorrhea prophylaxis treatment</b> (newborn)</li> <li>• <b>History and physical exams</b> (prenatal+)</li> <li>• <b>Measurements:</b> <ul style="list-style-type: none"> <li>- Length/height and weight (children newborn- adolescence)</li> <li>- Head circumference, weight for length (newborn – 2 years)</li> <li>- Body mass index (BMI) (children 2 years+)</li> <li>- Blood pressure (risk assessment at birth; children 3 years+)</li> </ul> </li> <li>• <b>Oral health: risk assessment, referral to dental home</b> (children 6 months – 6 years)</li> <li>• <b>Screenings</b> <ul style="list-style-type: none"> <li>- Blood screening (newborn– 2 months)</li> <li>- Critical congenital health defect (newborn)</li> <li>- Lead screening (children risk assessment and/or test 6 months – 6 years)</li> <li>- Metabolic/hemoglobin, phenylketonuria, sickle cell, congenital hypothyroidism screenings (newborn+)</li> <li>- Tuberculin (children risk assessment 1 month+)</li> </ul> </li> <li>• <b>Tobacco counseling and cessation interventions</b> (children 5 years- adolescence)</li> <li>• <b>Vision and hearing screenings/assessment</b> (children newborn+)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Contraception</b> (all women with reproductive capacity)<sup>§*</sup> <ul style="list-style-type: none"> <li>- All FDA-approved contraceptive methods as prescribed</li> <li>- Sterilization procedures</li> <li>- Patient education and counseling</li> <li>- Services related to follow-up, management of side effects, and device removal</li> </ul> </li> <li>• <b>STI and HIV counseling</b> (sexually-active adolescents)</li> <li>• <b>Screenings</b> <ul style="list-style-type: none"> <li>- Chlamydia (sexually active females)</li> <li>- Gonorrhea (sexually active females)</li> <li>- HIV (adolescents and at risk children; screening ages 16– 18)</li> <li>- STIs (risk assessment for adolescents; screening ages 16– 18)</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• <b>Alcohol misuse screening and counseling</b> (risk assessment adolescents 11 years+)</li> <li>• <b>Autism screening:</b> (infants 18– 24 months)</li> <li>• <b>Developmental screenings and surveillance</b> (newborn+)</li> <li>• <b>Psychosocial/ behavioral assessment</b> (newborn+)</li> </ul>

**Notes:** Age ranges are meant to encompass the broadest range possible, up to age 21. Each service may only be covered for certain age groups or based on risk factors. For specific details on recommendations, please consult the websites listed below. \*Certain religious employers exempt from this requirement. §Recommendation from HRSA Women’s Preventive Services; coverage for these services without cost sharing in “non-grandfathered” plans began August 1, 2012. Coverage without cost sharing for all other services went into effect Sep. 23, 2010.

**Sources:** CMS, [Affordable Care Act Implementation FAQ’s Set 18](#). CMS, [Preventive health services for children](#). More information about each of the items in this table, including details on periodicity, age, risk factors, and specific tests and procedures are available at the following websites: [USPSTF](#); [Bright Futures and American Academy of Pediatrics](#); [ACIP](#); [HRSA Women’s Preventive Services](#).